## JEWISH FOR GOOD AQUATICS SCHEDULE: JUNE 10 - JULY 6 \*MAIN SEASON\*

								MAIN 3	EASU						
	SUN	DAY	MONDAY			TUE	SDAY	WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
7am 7:30am						WATER DRAGONS SWIM TEAM: 7-9:25am		WATER DRAGONS SWIM TEAM: 7-9:25am		WATER DRAGONS SWIM TEAM: 7-9:25am		LAP SWIM, ALL LANES: 7-7:45am			
8am	LAP SWIM (ALL LANES): 8-8:45am		WATER DRAGONS SWIM TEAM: 7-9:25am		LAP SWIM, ALL LANES: 8-9:15am							LAP SWIM, ALL LANES 8-8:45am GROUP EXERCISE:			
8:30am															
9am	GROUP EXERCISE:														
9:30am	9:15-	10am	GROUP EX 9:40-	FAMILY POOL		GROUP EX: 9:40-	ECLC IN FAMILY POOL 9:30- 10:30am	GROUP EX: 9:40- 10:25am	ECLC IN FAMILY POOL 9:30- 10:30am	GROUP EX: 9:40- 10:25am	FAMILY POOL	GROUP EX: 9:40- 10:25am	ECLC IN FAMILY POOL 9:30- 10:30am	9-9:45am	
10am		OPEN SWIM: 10am- 5:45pm	10:25am	9:30- 10:30am	10:25am	9:30- 10:30am									
10:30am															
11am			CAMP SHELANU: 10:30am-1pm		CAMP SHELANU: 10:30am-1pm		CAMP SHELANU: 10:30am-1pm		CAMP SHELANU: 10:30am-1pm		CAMP SHELANU: 10:30am-1pm		SWIM LESSONS:		
11:30am 12pm															
12:30pm	SWIM LESSONS:														
1pm	10am-3pm		OPEN SWIM	LAP POOL ONLY: LANES): 1-2 production				LIFEGUARD IN-SERVICE						10am-3pm	
1:30pm			LAP POOL ONLY: 1-2pm			OPEN SWIM LAP POOL ONLY: 1-2pm		AND SAFETY TRAINING: 1-2pm		LAP POOL ONLY: 1-2pm		OPEN SWIM LAP POOL ONLY: 1-2pm	LAP SWIM (2 LANES): 1-2pm ECLC IN FAMILY POOL 1-2pm		
2pm			SWIM LESSONS: 2-6pm	OPEN											OPEN
2:30pm					SWIM LESSONS: 2-6pm	OPEN SWIM: 2-6pm	SWIM LESSONS: 2-6pm	OPEN	SWIM LESSONS: 2-6pm	OPEN SWIM: 2-6pm	SWIM LESSONS: 2-6pm	OPEN		SWIM: 10am- 7:30pm	
3pm	LAP SWIM (2 LANES): 3-5:45pm														
3:30pm															
4pm															
4:30pm				SWI	SWIM: 2-7:30pm				SWIM: 2-7:30pm				SWIM: 2-7:30pm	LAP SWIM, 2 LANES: 3-7:30pm	
5pm															
5:30pm															
6pm	SPECIAL PROGRAMS: 6-7:30pm		LAP SWIM,		ALL LANES:	OPEN SWIM FAMILY POOL ONLY: 6-7:30pm	LAP SWIM, 2 LANES: 6-7:30pm		LAP SWIM, ALL LANES: 6-7:30pm	OPEN SWIM FAMILY POOL ONLY: 6-7:30pm	LAP SWIM, 2 LANES: 6-7:30pm				
6:30pm 7pm			2 LANES: 6-7:30pm												
7pm 7:30pm															
7.50pm							CLEA	N AND RESE	T FOR TOMOR	ROW					