

## Massage Therapist

Jewish for Good serves as the vibrant hub where everyone belongs, nourishing the roots of local Jewish life. We provide engaging opportunities that deepen Jewish connections, knowledge, and relations to Israel, services for helping those in need; programs that foster healthy living; and pathways for charitable giving. We are located in the Levin JCC at 1937 West Cornwallis Road, Durham, North Carolina, 27705.

The Jewish for Good Health and Wellness Center offers more than a typical gym. Our holistic, inclusive approach to whole health wellness supports all bodies, inside and out, top to bottom.

## Job Description

### **POSITION OVERVIEW:**

The Massage Therapist position is responsible for providing the highest quality of services. The therapist will utilize their specialized modalities and techniques to provide massage to our members and guests. A Licensed Massage Therapist and Bodywork Therapist must demonstrate a strong customer service ethic, be compassionate, enthusiastic, motivated, and sensitive to the needs of the center's diverse clientele.

This front line, part-time (hourly) position reports to our Fitness and Personal Services Program Manager.

### **RESPONSIBILITIES:**

- Provide a high level of attention to customer service
- Engage members in conversations, address them by name, introduce yourself
- Market, book clients, and conduct other general business tasks
- Talk with clients about symptoms, medical history, and desired results
- Evaluate clients to locate painful or tense areas of the body
- Manipulate muscles or other soft tissues of the body
- Provide clients with guidance on stretching, strengthening, overall relaxation, and how to improve their posture

- Document clients' condition and progress
- Maintain a consistent client base
- Complete at least three sessions per week
- Monitor massage supplies and equipment
- Maintain a clean and safe working environment. This includes being responsible for massage room, supplies, and massage table preparation
- Maintain accurate records for all massages
- Notify the Fitness and Personal Services Manager of all accidents and file a written accident report within 24 hours
- Adhere to policies, code of ethics and emergency plan of Jewish For Good at the Levin JCC
- Assist with emergency and crisis situations as needed
- Arrive 5-10 minutes before the start of each client
- Schedule client's appointments, redeem sessions and use our current payroll software program for tracking hours
- Provide exceptional customer service to members and guests throughout the Health and Wellness Center
- Attend and participate in all required staff meetings
- Read and respond to business email on a daily basis
- Return phone calls and emails within 24 hours
- Wear Health and Wellness Center provided massage therapist shirt while providing service
- Assist with washing linens for sessions
- All other duties as assigned

## Qualifications

### REQUIRED QUALIFICATIONS:

- 18 years of age or older
- Applicable education, licensure and credentials to perform massage therapy in North Carolina
- Current certification as Licensed Massage Therapist in North Carolina
- Current CPR/AED and First Aid certification
- Communication skills: to listen carefully to clients in order to understand what to achieve through massage sessions
- Decision-making skills: to evaluate each clients' needs and recommend the best treatment on the basis of that person's needs
- Empathy: to give clients a positive experience, which requires building trust between therapist and client.
- Physical stamina: to give several treatments during a workday
- Physical strength and dexterity: to exert pressure through a variety of movements of the arms and hands when manipulating a client's muscle
- Reliability and work schedule flexibility

### PREFERRED QUALIFICATIONS:

- B.S. or M.S. degree in Exercise Science and/or health related field

- 2 or more years' experience
- Physically able to lift 45lbs. and to stand for 90 minutes at a time
- Willingness to attend training and development classes

## Position Benefits

As a part-time, hourly employee, this position is eligible for the following benefits:

- Free All Inclusive Family Membership
- Discounts on programs and services
- Ongoing professional development aligned with career arch

## Jewish for Good's Non-Discrimination Statement

Jewish for Good at the Levin JCC is an organization based on Jewish values. All Jewish for Good programs are open to anyone who wishes to participate, regardless of religious affiliation or background.

Jewish for Good Hill does not discriminate on the basis of sex, sexual orientation, gender expression, age, race, ethnic origin, color, religion, nation origin, creed, marital status, disabled veteran status, or the presence of any sensory, mental, and/or physical disability that does not prevent the performance of the specific core tasks of this position.

## Apply

### **APPLY ONLINE**

[www.jewishforgood.org/our-team](http://www.jewishforgood.org/our-team)

### **QUESTIONS?**

Contact Dustin Raymer, Health and Wellness Center Director  
[draymer@jewishforgood.org](mailto:draymer@jewishforgood.org) or 919-354-4950